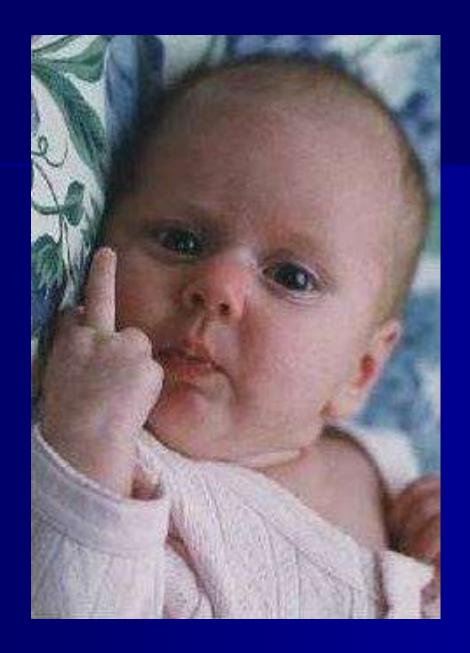
From Chaos to Calm:

Dealing with Challenging Behaviors in Children Sharon K Weiss, M.ED.



Holly and Jeff

Raising Gregory

Behavior change in a child starts with you.

Behavioral Aspects of ADHD

- An inability to organize time and space.
- A disorder of performance, not skill an inability to do what you know.
- An inability to delay responding.
- Driven by what's on their radar screen at the moment.



Think Responsive not Reactive

Keep A Disability Perspective

- -The child would rather get it right than wrong.
- -The child handles his world the best way he knows how.

So -

If he knew the right thing to do, if it came easily —

He' d be doing it.

Provide increased structure and predictability

To Change Behavior or Establish Routines

Answer:

- What do I want him to do instead of what he's doing?
- How can I put it in a visual format so he doesn't have to rely on me telling him what to do?
- What will make it worth his while?

Visuals

- Clarify expectations
- Depersonalize the structure
- Decrease reliance on adults
- Facilitate generalization

Timers, checklists, schedules, calendars

Be Proactive:

Teach to behavior before you need it.

Strategies for Success

- Make the child part of the solution
- Narrow the focus
- Be realistic in expectations for change
- Notice improvement –
 Improvement is Success.

Don't take behavior personally.

Don't attribute negative motives.

